

FEBRUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 27	28	29	30	31	February 1	2
2p-4p: BB Practice 4p-6p: Pickleball	12p-12:30p: HIIT Express 12:30p-12:45p: Abs 1:00p-2:30p MSS PE 3:30p-5p: BB Practice 5:30p-6:30p: Pilates 6:30p-9p: Pickleball	5:45a-6:45a: Boot Camp 9:15a-10:15a: Pilates 10:15a-11:15a: Hooping 12:00p-12:45p Swim for Life 3:50p-5:20p: BB Practice 5:30p-6:30p: HIIT 6:40p-8:40p: BB Practice	12p-12:30p: HIIT Express 12:30p-12:45p: Abs 3:30p-5p: BB Practice 5:30p-6:30p: Pilates 6:30p-9p: Pickleball	5:45a-6:45a: Boot Camp 9:15a-10:15a: Pilates 12:00p-12:45p Swim for Life 1:00p-2:30p MSS PE 3:50p-5:20p: BB Practice 5:30p-6:30p: HIIT 6:40p-8:40p: BB Practice	12p-12:30p: HIIT Express 12:30p-12:45p: Abs	8:15a-9:00a: BB Game 9:15a-10:15a: Pilates 10:45a-6p: BB Games
3	4	5	6	7	8	9
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10	11	12	13	14	15	16
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17	18	19	20	21	22	23
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24	25	26	27	28	March 1	2
2p-4p: BB Practice 4p-6p: Pickleball	12p-12:30p: HIIT Express 12:30p-12:45p: Abs 1:00p-2:30p MSS PE 3:30p-5p: BB Practice 5:30p-6:30p: Pilates 6:30p-9p: Pickleball	5:45a-6:45a: Boot Camp 9:15a-10:15a: Pilates 10:15a-11:15a: Hooping 12:00p-12:45p Swim for Life 3:50p-5:20p: BB Practice 5:30p-6:30p: HIIT 6:40p-8:40p: BB Practice	12p-12:30p: HIIT Express 12:30p-12:45p: Abs 3:30p-5p: BB Practice 5:30p-6:30p: Pilates 6:30p-9p: Pickleball	5:45a-6:45a: Boot Camp 9:15a-10:15a: Pilates 12:00p-12:45p Swim for Life 1:00p-2:30p MSS PE 3:50p-5:20p: BB Practice 5:30p-6:30p: HIIT 6:40p-8:40p: BB Practice	9a-10:30a: Adult Basketball Pick-Up Games 12p-12:30p: HIIT Express 12:30p-12:45p: Abs 4p-7p: BB Practice	8:15a-9:00a: BB Game 9:15a-10:15a: Pilates 10:45a-6p: BB Games

Times indicated are reserved; additional times are considered open play