

GYMNASIUM SCHEDULE AUGUST 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
	9:15a-10:15a: Pilates 12p-12:30p: HIIT Express 12:30p-12:45p: Abs 1:30p-2:45p: Rock Steady 5:30p-6:30p: Pilates 6:30p-8:30p: Pickleball	11:15a-12:30p: Rock Steady 5:30p-6:30p: HIIT	9:15a-10:15a: Pilates 12p-12:30p: HIIT Express 12:30p-12:45p: Abs 5:30p-6:30p: Pilates 6:30p-8:30p: Pickleball	11:15a-12:30p: Rock Steady 5:30p-6:30p: HIIT	12p-12:30p: HIIT Express 12:30p-12:45p: Abs 5p-7p: Volleyball	9:15a-10:15a: Pilates
9	10	11	12	13	14	15
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16	17	18	19	20	21	22
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23/30	24/31	25	26	27	28	29
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Times indicated are reserved; additional times are considered open play