



MAY

BHP BILLITON YMCA POOLS SCHEDULE

COMPETITION POOL SCHEDULE

*Member lanes available during Open Swim (5:00am – An hour before building closure)

MONDAY

- **Masters Swim Team**
(5:30 - 6:30am & 12:00pm - 1:00pm)
- **Swim Team** (4:15pm - 7:15pm)
- **Group Swim Lessons** (5:25pm - 5:55pm)

THURSDAY

- **Masters Swim Team**
(6:00am - 7:00am & 6:30pm - 7:30pm)
- **Swim Team** (4:15pm - 7:15pm)
- **Group Swim Lessons** (5:25pm - 5:55pm)

TUESDAY

- **Masters Swim Team**
(6:00am-7:00am & 6:30pm-7:30pm)
- **Swim Team** (4:15pm - 7:15pm)
- **Group Swim Lessons** (5:25pm – 5:55pm)

FRIDAY

- **Masters Swim Team** (5:30am - 6:30am)
- **Swim Team** (4:15pm - 6:00pm)

WEDNESDAY

- **Masters Swim Team**
(5:30am - 6:30am & 12:00pm - 1:00pm)
- **Swim Team** (4:15pm - 7:15pm)
- **Group Swim Lesson** (5:25pm – 5:55pm)

SATURDAY

- **Masters Swim Team** (7:00am - 8:00am)
- **Swim Team** (7:15am - 10:30am)
- **Paddleboard Yoga** (9:30am – 10:30am)
- **Group Swim Lessons** (10:10am-10:40am)

FAMILY POOL SCHEDULE

*Pool Open Swim (8:00am – an hour before building closure)

*Pool Closed during Parkinson’s Aquatic Fitness Class

MONDAY

- **Water Aerobics**
(8:15am-9:05am & 4:30pm-5:20pm)
- **Group Swim Lessons** (4:40pm-5:10pm, 5:25pm-5:55pm, 6:00pm-6:30pm)
- **Adult Learn to Swim** (5:00pm – 7:00pm)
- **Aqua HIIT** (6:00pm-6:50pm)

THURSDAY

- **Water Aerobics**
(10:15am-11:05am & 5:30pm-6:20pm)
- **Group Swim Lessons**
(4:40pm – 5:10pm, 5:15pm -5:45pm, 6:00pm-6:30pm)

TUESDAY

- **Water Aerobics**
(10:15am-11:05am & 5:30pm-6:20pm)
- **Group Swim Lessons**
(4:40pm - 5:10pm, 5:15pm -5:45pm, 6:00pm-6:30pm)

FRIDAY

- **Water Aerobics** (8:15am-9:05am)
- **Mommy & Me Water Fun** (9:30am-10:20am)

WEDNESDAY

- **Water Aerobics**
(8:15am-9:05am & 4:30pm-5:20pm)
- **Parkinson’s Aquatic Fitness** (10:55am-12:00pm)
- **Adult Learn to Swim** (5:00pm – 7:00pm)
- **Group Swim Lessons** (4:40pm – 5:10pm, 5:25pm-5:55pm, 6:00pm-6:30pm)

SATURDAY

- **Group Swim Lessons**
(9:00am – 9:30am & 9:35am -10:05am)
- **Water Aerobics** (10:45am-11:35am)
- **Group Swim Lessons** (9:00am – 9:30am & 9:35am-10:05am)

**The Y: We’re for youth Development,
healthy living, and social responsibility.**

SWIM TEAM PRACTICE TIMES & LANES

Group	Pool	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Lanes
Level I	East	5:00-5:45pm	5:00-5:45pm	5:00-5:45pm	5:00-5:45pm	OFF	OFF	1-4
Level II	East	5:50-6:50pm	5:50-6:50pm	5:50-6:50pm	5:50-6:50pm	OFF	OFF	1-5
Level III	West	5:45-7:00pm	5:45-7:00pm	5:45-7:00pm	5:45-7:00pm	OFF	9:00-10:30am	1-5
Level IV	West	5:45-7:15pm	5:45-7:15pm	5:45-7:15pm	5:45-7:15pm	OFF	9:00-10:30am	6-7
Level V	West	4:15-5:45pm	4:15-5:45pm	4:15-5:45pm	4:15-5:45pm	4:15-5:45pm	7:15-9:00am	1-8
Level VI	West	4:15-6:00pm	4:15-6:00pm	4:15-6:00pm	4:15-6:00pm	4:15-6:00pm	7:15-9:00am	1-8

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