

BHP BILLITON YMCA COMPETITION POOL SCHEDULE

DAY	MEMBER SIDE	COMPETITION SIDE
Monday	Deep Water Cardio: 8:00- 9:00 am	Masters Swim Team:
	Closed Lanes: 1-2 / Open Lanes: 3-8	5:30am-6:30 am
	Swim for Life: 9:00-11:00 am	CLAC Swim Team:
	Middle Lanes, no lanes closed	4:00 pm-7:15 pm
	Masters: 12:00 pm-1:00 pm	
	Closed Lanes: 5-8 / Open Lanes: 1-4	
	CLAC Swim Team: 4:00 pm- 6:00 pm	
	Closed Lanes: 3-8 / Open Lanes: 1-2	
Tuesday	Swim for Life: 9:00-11:00 am	Masters Swim Team:
	Middle Lanes, no lanes closed	5:30 am-7:00am
	CLAC Swim Team: 4:00 pm- 6:00 pm	CLAC Swim Team:
	Closed Lanes: 3-8 / Open Lanes: 1-2	6:00-7:30am / 4:00 pm-7:15 pm
	Masters: 6:30 pm- 7:30 pm	
	Closed Lanes: 7-8 / Open Lanes: 1-6	
Wednesday	Swim for Life: 9:00-11:00 am	Masters Swim Team
	Middle Lanes, no lanes closed	5:30am-6:30am
	Deep Water Cardio: 8:00- 9:00 am	CLAC Swim Team:
	Closed Lanes: 1-2 / Open Lanes: 3-8	4:00 pm-6:00 pm
	Masters: 12:00 pm-1:00 pm	
	Closed Lanes: 5-8 / Open Lanes: 1-4	
	CLAC Swim Team: 4:00 pm- 6:00 pm	
	Closed Lanes: 7-8 / Open Lanes: 1-6	
Thursday	Swim for Life: 9:00-11:00 am	Masters Swim Team
	Middle Lanes, no lanes closed	5:30 am-7:00am
	CLAC Swim Team: 4:00 pm- 6:00 pm	CLAC Swim Team:
	Closed Lanes: 3-8 / Open Lanes: 1-2	4:00 pm-7:15 pm
	Masters: 6:30 pm -7:30 pm	
	Closed Lanes: 7-8 / Open Lanes: 1-6	
Friday	Deep Water Cardio: 8:00- 9:00 am	Masters Swim Team
	Closed Lanes: 1-2 / Open Lanes 3-8	5:30am - 6:30am
		CLAC Swim Team:
		6:00 am-7:30 am / 4:00-7:15 pm
Saturday	All Lanes open	CLAC Swim Team:
		7:00 am- 10:00 am
Sunday	All Lanes open	

Please note: All lanes will be open on Member Side (opposite of score board) unless listed as closed above



BHP BILLITON FAMILY POOL SCHEDULE

DAY	HOURS	CLASSES
Monday	8:00 am-1:30pm	Water Aerobics: 8:15am-9:00am /
	4:30 pm-8:30 pm	4:30pm-5:15pm
		*Parkinson's Aquatic Fitness:
		10:55am-12:00pm*
		Water HIIT: 6:00pm-6:50pm
Tuesday	8:00 am-1:30pm	Water Aerobics: 10:15am-11:00am/
	4:30 pm-8:30 pm	5:30pm-6:15pm
Wednesday	8:00 am-1:30pm	Water Aerobics: 8:15am-9:00am /
	4:30 pm-8:30 pm	4:30pm-5:15pm
		Adaptive PE: 9:00-11:00 am
		*Parkinson's Aquatic Fitness:
		10:55am-12:00pm*
Thursday	8:00 am- 1:30pm	Adaptive PE: 9:00-11:00 am
	4:30 pm-8:30 pm	Water Aerobics: 10:15am-11:00am/
		5:30-6:15pm
Friday	8:00 am-1:30pm	Water Aerobics: 8:15am-9:00am
	4:30 pm-7:30 pm	Adaptive PE: 9:00-11:00 am
		Water Fun Baby: 9:30am-10:20am
Saturday	8:00 am-5:00 pm	Water Aerobics: 8:15am-9:00am /
		10:00am-10:45am
Sunday	1:00 pm-5:00 pm	Water Aerobics: 1:15 pm-2:00pm

^{*}Closed due to class, will reopen when class is over*