

BHP BILLITON YMCA COMPETITION POOL SCHEDULE

DAY	MEMBER SIDE	COMPETITION SIDE
Monday	Deep Water Cardio: 8:00- 9:00 am Closed Lanes: 1-2 / Open Lanes: 3-8 Swim for Life: 9:00-11:00 am Middle Lanes, no lanes closed Masters: 12:00 pm-1:00 pm Closed Lanes: 5-8 / Open Lanes: 1-4 CLAC Swim Team: 4:00 pm- 6:00 pm Closed Lanes: 4-8 / Open Lanes: 1-3	Masters Swim Team: 5:30am-6:30 am CLAC Swim Team: 4:00 pm-7:15 pm
Tuesday	Swim for Life: 9:00-11:00 am Middle Lanes, no lanes closed CLAC Swim Team: 4:00 pm- 6:00 pm Closed Lanes: 4-8 / Open Lanes: 1-3 Masters: 6:30 pm- 7:30 pm Closed Lanes: 7-8 / Open Lanes: 1-6	Masters Swim Team: 5:30 am-7:00am CLAC Swim Team: 6:00-7:30am / 4:00 pm-7:15 pm
Wednesday	Swim for Life: 9:00-11:00 am Middle Lanes, no lanes closed Deep Water Cardio: 8:00- 9:00 am Closed Lanes: 1-2 / Open Lanes: 3-8 Masters: 12:00 pm-1:00 pm Closed Lanes: 5-8 / Open Lanes: 1-4 CLAC Swim Team: 4:00 pm- 6:00 pm Closed Lanes: 7-8 / Open Lanes: 1-6	Masters Swim Team 5:30am-6:30am CLAC Swim Team: 4:00 pm-6:00 pm
Thursday	Swim for Life: 9:00-11:00 am Middle Lanes, no lanes closed CLAC Swim Team: 4:00 pm- 6:00 pm Closed Lanes: 4-8 / Open Lanes: 1-3 Masters: 6:30 pm -7:30 pm Closed Lanes: 7-8 / Open Lanes: 1-6	Masters Swim Team 5:30 am-7:00am CLAC Swim Team: 4:00 pm-7:15 pm
Friday	Deep Water Cardio: 8:00- 9:00 am Closed Lanes: 1-2 / Open Lanes 3-8	Masters Swim Team 5:30am - 6:30am CLAC Swim Team: 6:00 am-7:30 am / 4:00-7:15 pm
Saturday	Paddle board yoga: 9:30-10:30 am Closed Lanes: 1-2/ Open Lanes 3-8	CLAC Swim Team: 7:00 am- 10:00 am
Sunday	All Lanes open	

Please note: All BHP pools are closed 1:30 pm-4:30 pm on weekdays.



BHP BILLITON FAMILY POOL SCHEDULE

Monday 8:00 am-1:30pm Water Aerobics: 8:15am-9:00am / 4:30 pm-8:30 pm 4:30pm-5:15pm *Parkinson's Aquatic Fitness: 10:55am-12:00pm* Water HIIT: 6:00pm-6:50pm Water Aerobics: 10:15am-11:00am/ 5:30pm-6:15pm 5:30pm-6:15pm Wednesday 8:00 am-1:30pm Water Aerobics: 8:15am-9:00am / 4:30 pm-8:30 pm Water Aerobics: 8:15am-9:00am / 4:30 pm-8:30 pm Adaptive PE: 9:00-11:00 am *Parkinson's Aquatic Fitness: 10:55am-12:00pm* *Adaptive PE: 9:00-11:00 am Water Aerobics: 10:15am-11:00am/ 5:30-6:15pm Water Aerobics: 8:15am-9:00am Adaptive PE: 9:00-11:00 am Water Aerobics: 8:15am-9:00am Adaptive PE: 9:00-11:00 am Water Fun Baby: 9:30am-10:20am	DAY	HOURS	CLASSES
Parkinson's Aquatic Fitness: 10:55am-12:00pm Water HIIT: 6:00pm-6:50pm Tuesday 8:00 am-1:30pm 4:30 pm-8:30 pm Water Aerobics: 10:15am-11:00am/ 5:30pm-6:15pm Water Aerobics: 8:15am-9:00am / 4:30 pm-8:30 pm 4:30 pm-8:30 pm Adaptive PE: 9:00-11:00 am *Parkinson's Aquatic Fitness: 10:55am-12:00pm* Thursday 8:00 am-1:30pm 4:30 pm-8:30 pm Water Aerobics: 10:15am-11:00am/ 5:30-6:15pm Friday 8:00 am-1:30pm 4:30 pm-7:30 pm Water Aerobics: 8:15am-9:00am Adaptive PE: 9:00-11:00 am Water Fun Baby: 9:30am-10:20am Water Fun Baby: 9:30am-10:20am	Monday	8:00 am-1:30pm	Water Aerobics: 8:15am-9:00am /
10:55am-12:00pm* Water HIIT: 6:00pm-6:50pm		4:30 pm-8:30 pm	4:30pm-5:15pm
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### Saturday ### Signam Signa			Water HIIT: 6:00pm-6:50pm
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Saturday 8:00 am-5:00 pm Water Aerobics: 8:15am-9:00am /		4:30 pm-7:30 pm	Adaptive PE: 9:00-11:00 am
·			Water Fun Baby: 9:30am-10:20am
10:00am-10:45am	Saturday	8:00 am-5:00 pm	Water Aerobics: 8:15am-9:00am /
			10:00am-10:45am
Sunday 1:00 pm-5:00 pm Water Aerobics: 1:15 pm-2:00pm	Sunday	1:00 pm-5:00 pm	Water Aerobics: 1:15 pm-2:00pm

^{*}Closed due to class, will reopen when class is over*